

ST AUGUSTINE
ST MARY

185 N. Oak Harbor Street
P.O. Box 1319
Oak Harbor, WA 98277

Phone: 360-675-2303
Parish E-Mail: Information@StAugustineOH.org



We're on the Web!
www.StAugustineOH.org

Non-Profit
Permit #101
Oak Harbor, WA 98277
US POSTAGE PAID

Make a Difference in Lent!

LENT & EASTER NEWSLETTER 2019

THE CATHOLIC CHURCHES OF SAINT AUGUSTINE & SAINT MARY

We Can Make a Difference!

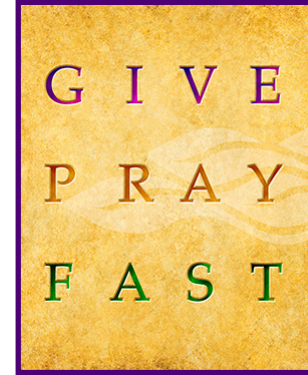
God uses the **Three Disciplines of Lent** - *Prayer & Repentance, Fasting, and Almsgiving (Works of Charity)* - that Jesus lays out in *Matthew 6:2-18* to change our lives. If we're willing to apply ourselves and take advantage of the **40 Days of Lent** to work with God's plan, we can make a difference!

Prayer - Put your life into God's hands on Ash Wednesday, and ask him to turn you around whenever we are headed the wrong way. Spend a few minutes each day of Lent talking with God. Use the *Little Black Book of Lenten* devotions, or read *Preparing for Easter*, by

C.S. Lewis, or *A Way Other Than Our Own* by Walter Bruggeman, or one of the spiritual books you find for free at church. Try sacredspace.ie online. Use the nightly *Examen* at pray-as-you-go.org/prayer-resources/the-examen.

Fasting - Don't stop with chocolate or meat! Make a commitment to give up anger or resentment, self-pity or gossiping, or something else. How about fasting from or hours of web-surfing or TV?

Almsgiving (Works of Charity) - With all that extra time on your hands from fasting, put it to good use. Make a list of people you could



see, or call, or write to. Put the *Rice Bowl* on your kitchen table and do the daily prayers and family activities, along with putting money in the slot. Help someone, even for just a day.

After the 40 Days of Lent, on **Easter Sunday** we renew the promises, made at our baptism, to "walk the walk" of the Christian life. Lent is the time to make a difference, and be ready for Easter!

OPPORTUNITIES IN LENT

- ◆ *Ash Wednesday*, the Day of Repentance and Fasting that begins Lent, is March 6. Distribution of Ashes is at 9 am, 12 noon, 6 pm (St Augustine), and at 12:10 pm (St Mary).
- ◆ *Confessions* will be celebrated Fridays at 8:30 am, Thursdays at 5:45 pm *March 7 - April 4*, and Saturdays at 4 pm (St Augustine); Sundays at 12:15 pm *March 10 - April 7* (St Mary)
- ◆ *Stations of the Cross* are every Friday at 5:00 pm (St Mary), and every Thursday at 5 pm (St Augustine) followed by Soup Supper. St Mary Knights of Columbus host a Seafood Dinner every Friday in Lent at 5:30 pm, preceded by Stations of the Cross at 5:00 pm.
- ◆ *Rice Bowl* family activities are available at church and online at crsricebowl.org.
- ◆ *Lent Small Groups* meet at a variety of times. See the schedule and come! Open to all!

Ash Wednesday March 6 A Day of Abstinence, Fasting & Repentance



SAINT AUGUSTINE +
OAK HARBOR

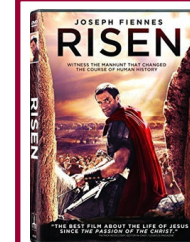
MASS WITH
IMPOSITION OF ASHES
9:00 AM

SERVICE OF REPENTANCE &
IMPOSITION OF ASHES
12:00 NOON & 6:00 PM

Ashes available throughout the day

SAINT MARY +
COUPEVILLE










MASS WITH
IMPOSITION OF ASHES
12:10 PM



MOVIE NIGHT IN LENT! MARCH 14, 6 PM, ST AUGUSTINE Following the Soup Supper









The forty days after the Resurrection of Jesus are told through the eyes of an agnostic Roman centurion charged by Pontius Pilate to investigate rumors of a risen Jewish Messiah and locate the missing deceased body of Jesus of Nazareth in order to subdue an imminent uprising in Jerusalem. During his quest to find Jesus' body, the centurion's doubts peel away as he encounters the Apostles and other historic biblical characters and he witnesses the events following the Resurrection. He is deeply affected by his first-person investigation, as his previous beliefs on the matter are forever altered based on what he's now seen. *Will end at 8 pm.*

St Augustine Lent & Easter Calendar 6 March - 21 April 2019

Sunday	Mon.	Tues.	Wednesday	Thursday	Friday	Saturday
March 3	4	5	6 Ash Wednesday 9:00 am Mass with Imposition of Ashes 12 Noon & 6:00 pm Service of Repentance & Imposition of Ashes Fast and Abstain 	7 9:00 am Mass 5:00 pm Stations of the Cross 5:45 pm Soup Supper 5:45 pm - 6:15 pm Confessions	8 8:30 am Confessions 9:00 am Mass 9:30 am Stations of the Cross 	9 4:00 pm - 4:30 pm Confessions 5:00 pm Mass
10 8:00 am Mass 9:30 am Learning Mass	11	12	13	14 9:00 am Mass 5:00 pm Stations of the Cross 5:45 pm Soup Supper 5:45 pm - 6:15 pm Confessions 6:15 pm Lenten Movie "Risen"	15 8:30 am Confessions 9:00 am Mass 9:30 am Stations of the Cross 	16 4:00 pm - 4:30 pm Confessions 5:00 pm Mass
17 8:00 am Mass 9:30 am Mass	18	19	20	21 9:00 am Mass 5:00 pm Stations of the Cross 5:45 pm Soup Supper 5:45 pm - 6:15 pm Confessions	22 8:30 am Confessions 9:00 am Mass 9:30 am Stations of the Cross 	23 9:00 am Mass 4:00 pm - 4:30 pm Confessions 5:00 pm Mass
24 8:00 am Mass 9:30 am Mass	25	26	27	28 9:00 am Mass 5:00 pm Stations of the Cross 5:45 pm Soup Supper 5:45 pm - 6:15 pm Confessions	29 8:30 am Confessions 9:00 am Mass 9:30 am Stations of the Cross 	30 4:00 pm - 4:30 pm Confessions 5:00 pm Mass
31 8:00 am Mass 9:30 am Mass	April 1	2	3	4 9:00 am Mass 5:00 pm Stations of the Cross 5:45 pm Soup Supper 5:45 pm - 6:15 pm Confessions	5 8:30 am Confessions 9:00 am Mass 9:30 am Stations of the Cross 	6 4:00 pm - 4:30 pm Confessions 5:00 pm Mass 7:00 pm Spanish Mass
7 8:00 am Mass 9:30 am Mass	8	9	10	11 9:00 am Mass 5:00 pm Stations of the Cross 5:45 pm Soup Supper 6:00 pm Penance Service	12 8:30 am Confessions 9:00 am Mass 9:30 am Stations of the Cross 	13 Palm Sunday of the Lord's Passion No Confessions 5:00 pm Mass
14 Palm Sunday of the Lord's Passion 8:00 am Mass 9:30 am Mass	15	16	17	18 Holy Thursday 6:00 pm Mass of the Lord's Supper	19 Good Friday 3:00 pm Stations of the Cross 6:00 pm Adoration of the Cross Fast and Abstain 	20 Easter Vigil No Confessions 5:00 pm Easter Vigil Mass
21 Easter Sunday 6:30 am Mass (New) 8:00 am Mass 9:30 am Mass	<p>Fasting must be observed on Ash Wednesday and Good Friday by those between the ages 18 and 58. Fasting means only one full meal may be eaten. Two small meals/snacks that do not add up to a full meal may also be had.</p> <p>The Fish means this is a Day of Abstinence which must be observed by everyone 14 years and older. On these days we do not eat meat or poultry. We may substitute another sacrifice if we already do not eat meat or poultry (for example, vegetarians), or for reasons of health. See the bulletin for more information.</p> 					

St Mary Lent & Easter Calendar

6 March - 21 April 2019

Sunday	Mon.	Tues.	Wednesday	Thursday	Friday	Saturday
March 3	4	5	6 Ash Wednesday 12:10 pm Mass with Imposition of Ashes Fast and Abstain 	7 11:45 am Rosary 12:10 pm Mass	8 5:00 pm Stations of the Cross 5:30 pm Seafood Dinner 	9
10 10:55 Rosary 11:15 am Mass 12:15 pm Confessions	11	12	13	14 11:45 am Rosary 12:10 pm Mass	15 5:00 pm Stations of the Cross 5:30 pm Seafood Dinner 	16
17 10:55 Rosary 11:15 am Mass 12:15 pm Confessions	18	19	20	21 11:45 am Rosary 12:10 pm Mass	22 5:00 pm Stations of the Cross 5:30 pm Seafood Dinner 	23
24 10:55 Rosary 11:15 am Mass 12:15 pm Confessions	25	26	27	28 11:45 am Rosary 12:10 pm Mass	29 5:00 pm Stations of the Cross 5:30 pm Seafood Dinner 	30
31 10:55 Rosary 11:15 am Mass 12:15 pm Confessions	April 1	2	3	4 11:45 am Rosary 12:10 pm Mass 12:45 pm Adoration	5 5:00 pm Stations of the Cross 5:30 pm Seafood Dinner 	6
7 10:55 Rosary 11:15 am Mass 12:15 pm Confessions	8	9	10	11 11:45 am Rosary 12:10 pm Mass 12:45 pm Adoration	12 5:00 pm Stations of the Cross 5:30 pm Seafood Dinner 	13
14 Palm Sunday of the Lord's Passion 10:55 Rosary 11:30 am Mass (Special Time)	15	16	17	18 Holy Thursday 2 pm Mass of the Lord's Supper	19 Good Friday 2 pm Adoration of the Cross Fast and Abstain 	20 Holy Saturday
21 Easter Sunday 11:30 am Mass (Special Time)	<p>Fasting must be observed on Ash Wednesday and Good Friday by those between the ages 18 and 58. Fasting means only one full meal may be eaten. Two small meals/snacks that do not add up to a full meal may also be had.</p> <p>The Fish means this is a Day of Abstinence which must be observed by everyone 14 years and older. On these days we do not eat meat or poultry. We may substitute another sacrifice if we already do not eat meat or poultry (for example, vegetarians), or for reasons of health. See the bulletin for more information.</p> 